

## **CURRICULUM VITAE - UPASNA ROY**



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### **OBJECTIVE:**

A competent and dedicated person with a passion for teaching and mentoring students. Have devised innovative methods for holistic development of every student who touches my life. Been constantly learning through various courses/seminars, social citizenship and upgrading my knowledge and skills.

### **EDUCATIONAL QUALIFICATIONS:**

#### **A.**

<b>Sr. No</b>	<b>Course / Degree</b>	<b>Subject</b>	<b>Class/ Grade</b>	<b>University /Board</b>	<b>Year of Passing</b>
1.	M.Sc. In Environmental Science	2 <sup>nd</sup> year (4th Semester)	Pursuing	IGNOU	2023-25
2.	Yoga Teacher Training Course	Yoga for wellness, Yoga and stress management, Communication and Teaching Practice	Completed	The Yoga Institute	June 2024
3.	M.A. in English	2 <sup>nd</sup> year	Pursuing	IGNOU	2023-25
4.	PhD	Education Area : Life Skill development among students	Status-Synopsis submitted on 25-03-2025	Education Dept. of Mumbai	July 2022
5.	M.A. in Philosophy	Completed	62.71%	IGNOU	2020-22
6.	M.Ed.	Education –Core subjects, Guidance and Counselling, Inclusive Education, Mgmt. of Education. Teacher Education, Curriculum Design, Advanced Research	I <sup>st</sup> – 70.4%	K.J.Somaiya, Mumbai University	2017

7.	B.Ed.	Core Papers, Methods- Natural Science, Mathematics	I <sup>st</sup> -69%	S.N.D.T.	2015
8.	M.C.A	Computer	I <sup>st</sup> – 60%	IGNOU	2004
9.	B.Sc. - Computer	Mathematics, Statistics, English	I <sup>st</sup> - 76%	Patna Women's College, Patna University	1998
10.	HSC	Mathematics,Physics,	I <sup>st</sup> -81 %	B.I.C.E	1995

		Chemistry,Biology, English			
11.	SSC	Mathematics, Science,Hindi, Sanskrit,Economics, Social Science, English	I <sup>st</sup> - 76%	B.S.C.B	1993

**PROFESSIONAL CERTIFICATES:  
B.**

1	NET	Education	99.24% (Percentile)	UGC	2019 December
2	PET	Education	62%	University of Mumbai	2018

**PROFESSIONAL QUALIFICATIONS:  
C-i.**

1.	Diploma in School Management	Principle of Mgmt. Academic Mgmt., Office Mgmt., and School Financial Mgmt., Mgmt. of Human Resources, Student Service Welfare and Quality Develop.	I <sup>st</sup> -67.88 %	YCMOU, Nasik	2019
2.	Certificate Course In Teacher Education For International Schools (CBSG)	International Education, Innovative Pedagogies, Technology in the 21 <sup>st</sup> century classroom, Recent trends in assessment	I <sup>st</sup> - 72 % (3 <sup>rd</sup> Rank in the batch)	Dept. of Education, Mumbai University	2018
3.	Post Graduate Diploma In Management of Education	Organizational. Behaviour, Inst. Planning, HRM in education.	I <sup>st</sup> - 76.16 % (Topper of the Batch)	Dept. of Education, Mumbai University	2018

4.	Certificate Course In Research Methodology In Education	Research Methodology, Qualitative research methods, Data Analysis Techniques	I <sup>st</sup> -77.33 % (Topper of the Batch)	Dept. of Education. Mumbai University	2018
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**C-ii**

1.	Communication Technology in Education	ICT	58%	Swayam	2021
2.	Academic Writing*	Research Methodology	74%	Swayam	2020

**C-iii**

1	Mentoring for Teacher Professional Development (E08)	Tata Institute of Social Science		Completed	May 2024
2	Constructive Teaching and	Tata Institute of Social Science		Completed	February 2024

	Learning with Technology (CTLT)-Part-1 (C- 02)				
3	"Global Teacher Education Policies and Practices (GTEPP)"	Collaborative by the University of Sussex, United Kingdom; Dr. B. R. Ambedkar University Delhi; Jamia Millia Islamia University, Delhi; NIEPA , Delhi & the TISS, Mumbai.	A+	2 month course	(14 <sup>th</sup> to 17 <sup>th</sup> Nov.),2022  2 <sup>nd</sup> ,9 <sup>th</sup> , 16 <sup>th</sup> & 23 <sup>rd</sup> Dec,2022  9 <sup>th</sup> to 13 <sup>th</sup> Jan,2023
4	Hands On Learning Through Toy Making Reflective Teaching	Tata Institute of Social Science	A+	Certificate course	2021
5.	PGC-CEPR	Tata Institute of Social Science	A+	Complete program 6 months	2020-21

**C-iv**

1	7 Days National Workshop on IKS	Dept. of Sanskrit,Deshabandhu Mahavidyalaya,Chittaranj an , West Bengal	Successful	Completed	16th -22nd April 2025
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		& Kulti college West Bengal & Swarnamoyee Jogendra Nath Mahavidyalaya Medinipur			
2	Workshop on “ICT Applications. E-Content & MOOCs”	Maulana AZAD National Urdu University	Completed	UGC-MM-TTC	3rd to 5th March 2025
3	FDP on NAAC Accreditation Essential		Completed	MI Training College ,Ponnani	23rd to 27th December 2024
4	MOOC on “Educator Empowerment through Greening the Curriculum”	Online Mentoring Program	Completed	UNESCO International Online Mentoring Program	20 <sup>th</sup> May 2024 to 17 <sup>th</sup> June 2024 (week course)
5	Training for Trainers Empowerment programme in Life Skill	IALSE - OTTEP	Completed	IALSE	15 <sup>th</sup> May - 20 <sup>th</sup> May 2024
6	Workshop on “Qualitative Research Paradigm in Social Science-II”	Malviya Mission Teachers Training Center (MMTC), Dept. of Education (Case), Faculty of Education. & Psychology The Maharaja Sayajirao University of Baroda, Vadodara , Gujrat	Completed	MMTC	1 <sup>st</sup> May to 9 <sup>th</sup> May 2024
7	MOOC on Balance Thinking for sustainable health: Overthinking to Thought Leader	International Online Mentoring Program	Completed	UNESCO International Online Mentoring Program	29 <sup>th</sup> April to 30 <sup>th</sup> May 2024 (4 week course)
8	FDP on NEP 2020 Orientation & Sensitization Programme	The Maharaja Sayajirao University of Baroda, Vadodara	Completed	MM_TTP of UGC	15th to 25th April 2024
9	7 days FDP on “Educational Research “	YCMOU, Naskik	Successful	Completed	25-31st Oct. 2023
10	National Level Training e-Workshop on	LORDS Universal College & Smt. Suraba College of Education,		Certificate ID:	1 <sup>st</sup> & 2 <sup>nd</sup> December

	‘The Learning Methods & Strategies in line with the National Education Policy, 2020’ ,developing and implementing the lesson plan using Role-based learning method/ Experiential learning method at her/ his workplace.	Mumbai		IRONS8-CE000013, 30 hrs,	2023
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11.	One-Week Online National Faculty Development Program/Certificate Program	"MOOCs and e- Content Development"	A	Guru Angad Dev Teaching Learning Centre under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMT) of Ministry of Education, SGTB Khalsa College, University of Delhi.	29 <sup>th</sup> April to 5 <sup>th</sup> May ,2023
12	Re-Imagining Learner Competencies For New Age Education	FDP	A	GAD-TLC under PMMMNMT Of Ministry of Education & St. Xavier’s College of Education.	2022
13	PRABAL MOOC	One Week Self Paced Learning Content on Written communication for Teachers	A	Pillai College of Education and	3 <sup>rd</sup> January 2022

				Research, Chembur, Mumbai, India	
14	Workshop	“Quality Indicators for CAS for professional development”	A	Gandhi Sikshan Bhawan	12th MARCH 2022
15	Certificate course for E-Learning Designing	ICT	A +	SXIE	2021
16	5 days FDP	“Case discussion Methodology for Entrepreneurship development”	Completed	Ministry of Human Resource Development , Government of India	June 10-14th 2020
17	5 days FDP	“Case Discussion Methodology for bachelor of Business Administration in Rural management”	Completed	Ministry of Human Resource Development , Government of India	May 18 to 22nd 2020
18	Diksha App	<ol style="list-style-type: none"> <li>1. ICSE-Integrating gender in the teaching Learning process</li> <li>2. Pedagogy of Environmental Science</li> <li>3. preschool education</li> <li>4. pedagogy of Science</li> <li>5. School based Education</li> <li>6. Art integrated learning</li> <li>7. Curriculum and Inclusive Education</li> <li>8. Creating a safe and Healthy School Environment</li> <li>9. Health and Well-being in schools</li> <li>10. Initiatives in School Education</li> </ol>	Completed	NCERT	December 2020
19	Online Teacher’s Training Module	<ol style="list-style-type: none"> <li>1. Elicitation in the Classroom.</li> <li>2. use of Tangrams in Illustrating Stories and</li> </ol>	Completed	OXFORD	April 2020

		Children's Literature 3. Critical Thinking and Strategies for Enhancement 4. Music based approach to Teaching fractions			
20	One week Interdisciplinary FDP	Badalta Bhartiya Paridrishya: Sahitya, Sanskriti, Sanchar aur manovigyan	Completed	Ramanujan College, University of Delhi	22-28th May 2020
21	2 week Online workshop	Comprehensive e-learning to e-teaching guide for administrative work	Completed	Ramanujan College, University of Delhi	25th may-5th June 2020
22	2 week FDP	managing online classes and co-creating MOOCS 2.0	Completed	Ramanujan College, University of Delhi	18th May to 3rd June 2020

#### **Book/Chapter Published**

Integrating Life Skills and Yoga	Chapter No.:8	ISBN:978-91-410-0139-8 DOI-10.25215/9141001397	Integrating Life Skills And Yoga, Pathways To Holistic Development
Role of Perseverance and Decision-making Life Skill for Peacebuilding	Chapter No.:17	ISBN:978-620-8-43375-8	Reimagining Education : Digital Shifts, Inclusion and Pedagogy
Integrating Traditional Indigenous Knowledge Systems for Achieving Sustainable Development goals	Chapter no.: 9	ISSN: P-2455-0515 E-2394-8450	Educreator Research Journal Volume-XII, Special Issues-II March-April 2025
Gandhi: The Hidden Power	Chapter no.: 21	ISBN 978-1-68563-585-5	A Clairvoyance Of Gandhi: Experiential Learning
Empowering through Education: Fostering Innovation, Life Skills and Peace Building for sustainable development and cognitive Empowerment in Tertiary Institutions	Chapter No. :15	ISBN NO: 978-93-91654-42-9	Empowering Educators and learners: Innovations and Best practices for the 21st century

Equity & Excellence in Education: Recent Challenges	Chapter 17	ISBN:978-81-909947-1-2	Equity & Excellence in School Education: Global Challenges
Emerging Trends of ICT in Teaching and Learning	Chapter no.: 2	ISBN: 978-93-90719-95-2	ICT In Teaching, Learning And Evaluation
Women empowerment through poetry	Page: 228 “Mamta ki Chawn”	ISBN 978-81-87393-96-2	International Women Day

### ESSAY COMPETITION

Education For Peace (Senior Scholars Seminar Series (SSSS)) ,Sponsored by Global Foundation	K.J.Somaiya Comprehensive College of Education, Training and Research, (Global Foundation Sponsored)	1 <sup>st</sup> Rank, CASH PRIZE	National level 9th March 2016
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### Seminar/Workshop: - National /International/State level Attended

Category	Theme	Date	Venue
International	Narrative Research by Dr Gilit Cohen (Zefat Academic College, Israel)	24-02-2025	HSNC University & Smt,Kapila Khandvala College of Education (Autonomous) , Mumbai

	Indigenous Medicinal Plants with special References to Ayurveda	10-11-2023	Govt. Degree College Thannamandi
	Vasudhaiva Kutumbakam for the 21st Century .	22-24 <sup>th</sup> August, 2023	School of Liberal Education, Galgotias University, Greater Noida, Uttar Pradesh, Bharat (India)
	Konnekt 2k22 , e-symposium <ul style="list-style-type: none"> <li>Design Thinking</li> <li>Theory of visible Learning</li> <li>Digital Transformation in Education</li> </ul>	11 <sup>th</sup> & 12 <sup>th</sup> November 2022	Rahul College of Education
	Pathways to Educators' Wellness Symposium	21 <sup>st</sup> November, 2022	Singapore International Foundation, Mumbai.
	21st Century Skills for Sustainable Development Goals	20-04-2022	MCT college of Education and Research
	The Curtain raiser Ceremony of Two day National Conference & Exhibition on “The National Calender of India”	11-04-2022	Ministry of Culture & University of Mumbai



	Quality Indicators for CAS for professional Development	12-03-2022	Gandhi Shikshan Bhavans
	Intelligent Optimization Techniques and their real life application, Registration No.:IOT20220314	25-27 <sup>th</sup> January 2022	Mizan-Tepi University, Ethiopia, University of Wolverhampton UK, University of Punjab
	Participated in epiSTEME 8	3 <sup>rd</sup> Jan2020	HBCSE,MUMBAI
	Conference on Emotional and Behavioural Intelligence	24 <sup>th</sup> Feb.,2018	Mumbai University, Kalina Campus
National	Webinar on “ Towards Transformation of Teacher Education in India-Kerala Context (ITEP Awareness Programme)	10-08-2024	CTEF-Kerela & IQAC & Extension wing of Mar Theophilus Training College, Nalanchira
	Two Days Seminar on NEP-2020-Changing Directions & Challenges in Education	15 <sup>th</sup> & 16 <sup>th</sup> March 2023	RFNS,Shikshanshastra Mahila Mahavidyalaya
	“Rights of Differently Abled Women (DAW)”	15 <sup>th</sup> & 16 <sup>th</sup> December,2022	Department of Special Education,SNDT Women's University, Mumbai
	Participated in a One Day consultative Workshop on NCF by Universities in Collaboration with <b>NCERT &amp; Regional Institute of Education (RIE) Bhopal</b>	14 <sup>th</sup> August 2022	Kalina Campus. University of Mumbai
	History of Indian Mathematics	08-02-2022	K.J.Somaiya.Mumbai
	Revised Assessment & Accreditation Process	10-03-2021	Nirmala Memorial Foundation College Of Commerce & Science , Mumbai
	Teacher’s Role in NEP Implementation	12-02-2021	Niti Aayog & Bhartiya Shikshan Mandal & Sant, Gadge Baba Amravati University , Amravati
	Revised Guidelines on NAAC	22-02-2021	University of mumbai, Department of commerce , S.E.S, Swami Hansmuni maharaj Degree College of Commerce

	“Role of Action research to Improve Digital Classroom Practices”	17-02-2021	St. Ignatius College of Education, (Autonomous)
State	1. Developing skills of Reflective Journal Writing & Administration of Unit Test.	31 <sup>st</sup> July, 2018	Dept. of Education Mumbai University
	2. Workshop on Enhancing Theme Based & Co-teaching	29 <sup>th</sup> June, 2018	
	3. Revisiting Action Research, Community work and Learning Resources	17 <sup>th</sup> Nov., 2018	
	4. Valuing Observation & Shadowing in Teacher Education	3 <sup>rd</sup> Feb., 2018	
	5. CSpathshala: Bringing Computational Thinking to Schools	17 <sup>th</sup> Feb., 2017	K.J.Somaiya Comprehensive College of Education, Training and Research
District level	Professional Ethics	10-04-2024	Rajiv Gandhi College of Management Studies
	How to write a Case Study and Teaching Note for Quality Journals	23-10-2023	
	Teacher's Training Program	12th to 16th Sep. 2022	Nehru science Center
	Blended Learning : A Stepping Stone to enhance Digital Learning	23-08-2022	CWC, Claras college of commerce and law
	5 Days digital Workshop on TY's-Teaching Through Technology	29th June to 3rd July 2021	Guru Nanak College of Education & Research
	Workshop on teaching Science for Sustainable development	16 <sup>th</sup> Dec., 2016	Macmillan Publishers, India Pvt, Ltd.

#### International

No.	Title of the paper of the seminar/conference	Organizing agency	Paper Presenter	Publication	Date
1	Food Literacy and the future:Evaluating the Role of Schools in promoting Nutrition and Sustainable Practices	Chhatrapati Shahuji Maharaj University Kanpur on the theme “ A multidisciplinary approach to sustainability: A Holistic view towards the future”	Paper Presented	Under process	29-04-2025

2	Effectiveness of Project-based learning to enhance awareness about sustainable practices	Matoshree Velbai Devaji Hariya College of Arts, Sci. Commerce Shahad(W) & Global foundation of India on theme “ Exploring the Future : Research,Resilience and Renewal (EFRRR-2025)	Paper Presented	ISSN NO.:2347-7075 , Impact Factor-8.141, Volume No.-6, Issue-37 IJAAR (International Journal of Advance and Applied Research) Peer Reviewed Bi-Monthly	26-04-2025
3	Internationalization in Education: Overcoming Challenges in Embracing Global opportunities	S.N.D.T. Women’s university, Mumbai P.V.D.T. College of education in collaboration with ICSSR for 2 days International Seminar on “Transforming India through Internationalization of Education	Paper presented	ERJ (Educreator Research journal), SJIF Impact Factor: 8.182, Online & Print Journal, vol. XII, Special Issues-I, Mar-April 2025, Peer Reviewed Refereed Journal, DOI Indexing Journal ISSN :P-2455-0515, E-2394-8450	25th & 26th April 2025
4	Personalized Learning and Differentiation: Building Inclusive and Effective Classroom	HSNC University , Mumbai BTTC on the theme “ Transformative Capacity Building for a sustainable Future	Paper presented	Under process	25-04-2025
5	The Confluence of IKS, Science pedagogy and AI: A Pathway to Sustainable and Inclusive Education	CWC, Clara’s college of Commerce in collaboration of University of Mumbai on the Theme.”Role of Artificial intelligence in Sustainable Development”	Paper presented	ISSN:2394-7780, Vol. 12, iSSUE 1(XIX0), April-June 2025 IJAIR, Impact Factor 8.126	05-04-2025

6	Empowering Women through Life Skills practicing Gender Equality via Education	7th International symposium on Innovative Global trends in Intersectionality of Gender: Transgressing Boundaries beyond Educational Discipline MIT-ADT University & Innovative Global Technology Trends	Paper presented	Under process	19th- 21st March 2025
7	The Role of Emotional Intelligence in Peacebuilding: Enhancing conflict Resolution and Fostering Harmony	10th International Conference on Life Skills Education (iCLSE 2025)	Paper presented	Under process	27th February-1st March 2025
8	Building Peace: Multifaceted Approach to adaptability, Problem-Solving, Perseverance and Value-Based Skills	Smt, Kapilakhandvala College of Education on the theme .”The Educator’s Toolkit:Upskilling for 21st century classrooms”	Paper presented	ISSN ONLINE-2278-8808/P RINT:2319-4766, GOI: Impact Factor: 8.486. Srjis, Peer Reviewed Feb-April 2025/Volume-13, issue -80	11th & 12th march 2025
9	Fostering Social Count for Peacebuilding: Exploring the Relatedness and Connectedness in Educational Environments Among Pre-service Teachers	Two day conference on “Creating Centers of Excellence: Enabling and Empowering Teachers Time” BTCC, Mumbai.	Paper Presented	HSNC University, Mumbai University, ISBN: 978-81-970733-7-3	11 <sup>th</sup> & 12 <sup>th</sup> March 2024

10	Effectiveness of Life Skill Model for peacebuilding to address Polycrisis among Preservice teachers	Shiksha Shodh Manthan, A Half-Yearly International Peer-reviewed Refereed Journal of Education	—	ISSN :2395-728X,VOL. 10.NO. 2,	Oct 2024
11	Media, Social Inclusiveness, and Politics of Power in the Classroom	AAROHAN 2.0 Online Global Summit on ESG and Sustainability. Aarohan 2024 on the theme,”sustainable Leadership: Integrating ESG in Global Business practices	Paper Presented	ISBN:978-81-19567-57-7, First Edition 2024,Eureka Publications	11 <sup>th</sup> March-16 <sup>th</sup> March 2024
12	Empowering Narratives: Unveiling the Challenges and Triumphs of Marginalized Voices through Life Skills Mastery in Autonomy, Self-Regulation, and Motivation	International Seminar cum Workshop - Hybrid Mode On “Envisioning Inclusion: Transforming Vision into Reality”  Smt. Kapila Khandvala College of Education (Autonomous)	Paper Presented	SRJIS, Online ISSN:2278-8808/ Print:ISSN:2319-4766,Impact factor:8.153, Global Indexed, An international peer Reviewed, Jan-mar, 2024, Vol. 12, issue-69	19 <sup>th</sup> & 20 <sup>th</sup> January 2024
13	"Fostering Life Skills to ordinate Peacebuilding and Compassion among pre-service Teachers"	9th International Conference on Life Skills Education (ICLSE 2024)  Global Synergy for Sustainable Development: Integrating Life Skills for Systemic Change	Paper Presented	International Journal of Life skills Education, Special Vom., Jan 2024,ISSN 2394-630X	4 <sup>th</sup> to 6 <sup>th</sup> January 2024
14	Lifeskills: An Imperative Gimmick for Inclusion and Peace building among Pre- service Teachers for	Two day International Conference on Multidisciplinary and Interdisciplinary Approaches towards	Paper Presented	-----	5 <sup>th</sup> & 6 <sup>th</sup> January 2024

	Sustainability	Inclusive Sustainable development RUSA 2.0,Center for Differently Abled Person, Department of Social work &			
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		Department of LifeLong Learning, ICSID 2024, BDU, Tiruchirappalli.			
15	Hedonic and Eudaimonic Well Being: An Amalgamation for Peacebuilding through Life Skill	KTIR	Paper Presented	Published	13 <sup>th</sup> & 14 <sup>th</sup> October 2023
16	Sustainable Pillars of Triumph to Peacebuilding through Life Skills.	Pillai College of Education in collaboration with CEAM (Council for Educational Administration and Management)	Paper Presented	Published	August 2023
17	Life Skills :Trailblazer for Peacebuilding	Anjuman Islam	Paper Presented	Published	June 2023
18	Need for Managing the Equilibrium of Learning through true Educational Reforms: Traditional & Innovative Assessment Method :Aligning with NEP 2020	Kapila Khandelwal College of Education	Paper Presented	Published E-ISSN 2278-8808	January 2023
19.	Blended learning: Tool for substance of Education	Two-day International Conference on Innovation and Reforms in Higher Education- ICIRHE-2022 . ALLGAPPA UNIVERSITY	Paper Presented	Published Page no,:205  ISBN: 9-788195522637	25 <sup>th</sup> and 26 <sup>th</sup> November,2022
20.	Education: Key to unlock sustainable development goals	Kapila Khandelwal College of Education	Paper Presented	Published ISBN : 978-1-387-74805-1	July 2022.
21.	"21st Century Skills for Sustainable Development Goals"	MCT ,College of Education And Research	Paper Presented	-	20 <sup>th</sup> April,2022

22.	Equity and Excellence in School Education-Global Challenges	MPUAT, Udaipur (Rajasthan)	Paper Presented	Paper published ISBN: 978-81-909947-1-2	27th & 30th August, 2018
23.	Issues Related To Women	H.S.N.C. Boards , Gandhi Shikshan	Paper presented	Paper Published	17 <sup>th</sup> March 2018

### National

Sr. No.	Title of the paper of the Seminar/Conference	Organizing Agency	Paper presented	Published	Date
1	Building Silos:Enhancing Interdisciplinary Research Skills in Higher Education	St. Xavier's Institute of Education(Autonomous) Mumbai on the theme “ Capacity Building for Skill development”	Paper presented	under process	9th & 10th May 2025
2	Socio-Emotional Learning System & Social responsibilities : A Need of the time	The Lords Universal college of Education & MCT college of Education and Research	Developed a Lesson Plan	under process	21 st & 22ns April 2025
3	Assessing the Landscape:Preparedness for Inclusion by Mumbai Schools	Dept. of Education (C.I.E.), University of Delhi	Paper presented	under process	18th & 19th April 2025
4	Integrating Indian Knowledge System (IKS) and the Eighteen Streams of Wisdom into Modern Education: A Pathway to sustainable learning”	Rural Foundation's Shikshan Shastra Mahila Mahavidyalaya, Akkalkuwa Dist. Nandurbar (SNDT) Women's University of Mumbai on NEP2020 and Indian Education system in context with IKS	Paper presented  <b>BEST PAPER CERTIFICATE</b>	Global Online Electronic International Interdisciplinary Research Journal (GOEIJR), Peer Reviewed Refereed Journal (Bi-Monthly ), Impact Factor-7 (IIFS), Volume -XIV,Special Issue-X, April2025 ISSN	07-04-2025

				:2278-5639	
5	Psychosocial Wellbeing on Strengthening Social Capital Through Resilience	Sarada Kurup College of Education and Research	Paper presented	under process	08-03-2025
6	Peacebuilding through the Indian Knowledge System: Life Skills for sustaining Harmony	Gurukrupa College of Education & Research, Kalyan and Konkan Muslim Education Society's College of Education, Bhiwandi	Paper presented	ISSN :P-24 55-0 515 E-23 94-8 450 Education Research Journal SJIF Impact Factor:8.1 82, Volume -XII, Special Issues-I, Jan-Feb 2025 PEER Reviewed Reference Research Journal	22-02-2025
7	Enhancing peacebuilding through Life Skill Model Among Preservice Teachers: A Design Thinking Approach	CWC Clara's College of Education on the theme "Fostering Digital literacy for preparing Innovative Teaching Learning Environment"	Paper presented	-	29-11-2024
8	"Bridging Gaps to Building Peace through Work Ethics, Perseverance, Attitude, and Problem-Solving Skills of Empathetic Pre-Service Teachers' on Fostering a Positive and Inclusive Classroom Environment"	Smt. Sarada Kurup Education Complex on the Theme."Empowering Every Learner:The Journey Towards Inclusive Education as per NEP 2020.	Paper presented	ISBN:97 8939 4116 719 Ketaki Prakashan Pvt.Ltd.1st Edition, 17th Sept 2024	9 <sup>th</sup> March 2024
9	21 <sup>st</sup> Century Skills and Sustainable development for Peacebuilding Among Pre-Service Teachers	Role of Teacher in sustainable development, SNDT Pune & MSSTE A	Paper Presented	-	7 <sup>th</sup> January 2024
10.	Development of Demeanour through Lifeskills for peace-building and tenable citizenship	ACCER_AURORA Research Paper Reading Competition on Active Citizenship	Paper Presented	-	6 <sup>th</sup> March 2023
11.	Need of Social Code with High Virtue For Peacebuilding Among Higher Education	SPCS	Paper Presented  <b>Secured 1<sup>st</sup> Position</b>	-	15 <sup>th</sup> February 2023



12	Life Skills :Trailblazer for Peacebuilding Sub-theme:Domain of Child Development	Akbar Peerbhoy College of Education on theme,The NEP 2020: Its Implications on School and Higher Education	Paper Presenter	ISBN 978-93-91979-85-0	9 <sup>th</sup> January,2023
13	Life skill Model to develop Peace	Seventh Interdisciplinary Online Ph.D. Research Colloquium organized by IQAC & Department of German, University of Mumbai	Paper presented	-	17 <sup>th</sup> December, 2022.
14	Essential Gender Predisposition To Have Equity And	NABARD's National Seminar on Gender Sensitization and	Paper presented	Peer Reviewed ISSN : 2583-	12 <sup>th</sup> November 2022
	Multi-Ethnic Righteousness For Women.	Bhavan & B.L.Amlani College Social Justice for Women		ISSN-2319-359X, Vol. VI, Issue –II, Part- II. Journal Number-47026(UGC Listed Journal) 083X	
15	Tertiary Education: Multitudinal Gateway Provider of Edunnovation Through Life Skills And Culture of Peace For Sustainability In Cognitive Autonomy	BAHAI Academy	Paper presented	-	16 <sup>th</sup> July,2022
16	Desiderata For Grit And Growth Mindset As An Important Non- Cognitive Life Skill For Positive Peace And Its Impact On Diverse Learner.	Centre For Studies And Research In Education (CSRE),  School of Education (SOE),  Central University Of Gujarat	Paper presented	Published	4 <sup>th</sup> July,2022
17	“Realities of Marginalization and Marginality in Media”	Department of Mass communication, Mizoram University	Paper presented	-	21 <sup>st</sup> and 22 <sup>nd</sup> of April 2022

18	(Re)envisioning Teacher Education: Future Challenges and Opportunities	RIZVI College	Paper presente d	P-2455-0515 E-2394-845 0	March 2022
19	Women: Crusaders for Equity in Culture	Pillai College of Education & Research & SIES College of Arts, Science & Commerce, Sion (W).	Paper presente d	National ISSN:2278 - 5655, Vol.- IX, Special Issues - I	18th January 2020

**State Level**

Leveraging Indigenous Knowledge Systems for Sustainable Development Goals.	St. Teresa Institute of Education & Department of lifelong Learning & Extension on the theme IKS: Role of Indic Wisdom in Revitalizing Contemporary Indian education	Paper presented	Publication under Process	09-04-2025
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**WORK EXPERIENCES****Clara College of Education****SUBJECTS TAUGHT**

- Knowledge and Curriculum
- Educational Management
- Assessment for Evaluation
- Pedagogy- Science, Mathematics , English, Hindi & History
- Inclusive Education

**OTHER DUTIES**

- IAQC Incharge
- Placement and Alumni Cell Incharge
- MOU cell incharge
- Content writing and syllabus designed for Value added Course “Constitutional awareness”
- Community work Incharge.
- Coordinator Inter-collegiate level competitions,
- Senior Supervisor- ,External Exam University
- IT-Coordinator -University
- Inter-collegiate level competitions Incharge
- Women Cell Incharge
- Incharge for Maths/Nature/Science Club

15<sup>th</sup> Feb,2022  
onwards



**Position Achieved**

- K west ward Science Exhibition 2024-2025,”Sustainable future and Technology” in Junior category achieved mentorship award
- Zonal Science Competition Incharge-Teacher’s Category,Zonal Level, Mumbai
- Judge in Vikshit Bharat Debate Competition,Children Welfare Center, Versova.
- Judged two intercollegiate competitions held by Clara’s College of Commerce & Law college.

**GUEST LECTURES A:**

Organization	Topic	Date/Time
Dept of Education, Kalina Campus, Mumbai University P.V.D.T., Churchgate	Certificate Course In Life Skills Education J.K.Krishnamurti	28-01-2022 to 28-05-2022 Every Friday, 4pm to 6 pm Three lectures 3 hours 30 minutes 21, 24 <sup>th</sup> and 28 <sup>th</sup> of Feb.2022
P.V.D.T., Churchgate	Sri Aurobindo	3 lectures of 1 hour each
P.V.D.T., Churchgate	OSHO	3 lectures of 1 hour each
BTTC, Colaba	ICT in an Inclusive classroom	24 <sup>th</sup> Feb,2022 1.30 to 3 pm D.Ed. - 1 <sup>st</sup> and 2 <sup>nd</sup> year

**GUEST LECTURES****B:Seminar/Workshop: - National /International/State level conducted**

Level	Organization	Designation	Topic	Date/Time	Class Taken
Institutional	Dept of Education  , Kalina Campus, Mumbai University	Main Speaker	Life Skills- Part -I	20 <sup>th</sup> Dec 2021 12 to 3 pm	M. Ed -iii <sup>rd</sup> semester
			Life Skills- Part - II	28 <sup>th</sup> Dec 2021 12 to 3 pm	

National	Secondary Training College, Dhobi Talab, Fort,	Main Speaker	Life skill:For sustaining life	9 <sup>th</sup> April 2022	Diverse group
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	Mumbai				
State	Rizvi College of Education	Main Speaker	“Universal Design for Learning”	20-03-2025 9 am to 1 pm	B.Ed. 2nd semester & Fourth Semester
	P.V.D.T., Church gate	Main Speaker	Academic Writing	10 <sup>th</sup> April 2022 1 to 3 pm	M. Ed , 1 <sup>st</sup> Semester
Intercollegiate level	Clara’s College of Commerce in association with Clara’s College of Education Vikshit Bharat Week	Contributor	“Blended Learning: A Stepping Stone To Enhance Digital Learning ”	2 hours ,23rd August 2022.	Degree students & F.Y.B.Ed students
Intercollegiate level	Clara’s College of Commerce in association with Clara’s College of Education	Conducted one- day workshop	“Resilience and Conflict Resolution”	3 Hours, January 2024	Clara College of Commerce & Clara College of Education
State level	M.I.Training College ,Ponnani	Main speaker	Yoga-A journey to Balance and Wee-Being	1 hour, 21 <sup>st</sup> June 2024	Colloquium Series, EduSphere

**GUEST LECTURER: C-VISITING FACULTY: CHB/PART TIME**

- Visiting Faculty for Pedagogy of science in Shree Narayan Guru College,Chembur, Semester II, Academic year 2024-2025.
- CHB Faculty in Smt.Kapila Khandvala College of Education from 2022.  
Supported in International seminar 2024 & 2025  
Course Coordinator for ECCE since April 2023.

**CONTENT WRITER**

Organization	PAPER	TOPICS	COURSE CODE	STATUS
University of Mumbai , Institute of Distance and Open Learning	MA in Edu,(NEP),Sem-I:	Supportive framework:The Macro Perspective	Elective Course II Inclusive Education	Under Publication process
	Sem II, CC VII:Methods and Techniques of Teaching	Understanding the Methods and Approaches of Teaching (Meaning,Procedur e , Merits and Demerits)		Under Publication process
		Policy, Challenges and Evaluation of Elementary Education In Foundational and Preparatory Education		Under Publication process
	Paper V, Module 1	Communication	UAEDU502	Published
	Paper V, Module V	Practical work in ICT in education	UAEDU502	Published
	Paper VII, Module 2	Contemporary issues in girl's education.	UAEDU504	Published

**TEACHING RELATED:**

Organization	Designation	Period	Type	Full Time/ Part Time	Aided/ Unaided
Gopal Sharma International School, Powai	Teacher (Sec. Section)	Dec'2014-Feb2022	Permanent	Full time	Unaided

**Specialization in Teaching in school:**Mathematics,Biology,EVS

**Administrative responsibilities in School**

- External Exam Committee , Inter - school competition In-charge
- Coordinator- STEM Competition, Expiscor & Math Mania
- Discipline Incharge Secondary Section
- Class Representative,CMCA Coordinator
- Std. ix mathematics & EVS In-charge
- Book Reviewer for std. 5th to std. 10<sup>th</sup> (Maths and Science).
- Student related co-curricular, extension and field-based activities such as student clubs, career counselling, study visits, student seminars and other events, cultural, sports and community services.
- In-charge for Science exhibition, Annual Day of Std. IX.

- Judged several Inter-school Science Competition at Gopal Sharma International School and Children Welfare center in Versova.

## **EXTENSION ACTIVITIES COMPONENTS:**

### **SOCIAL RESPONSIBILITIES:**

#### **Topic : Socio-Emotional learning system**

- Developed a lesson plan to sensitize students towards social responsibilities of the webinar on 21st and 22nd April 2025
- Completed online Training on “Integrating Disaster management Plan with Gram Panchayat Development Plan conducted by NIRDPR-NERC,GUWAHATI in collaboration with National Institute of Disaster management , New Delhi from 20-05-2020 to 22-05-2020 (NIRDPR)

### **ENVIRONMENTAL FRONT**

- Participated in “Vasant Oasis Plantation Drive” in 2020.
- “Beach Cleaning” at Versova.

### **SOCIAL FRONT**

- Took training at Byculla Traffic Training Center through Vikshit Bharat Week 2024.
- Participated in street play to create awareness about “Alcohol free city”, “Follow Signal” at Versova.
- Five Days Online Faculty Development Program On ‘ Case Discussion Methodology for Entrepreneurship Development’ June 10 - 14, 2020 ’.
- Participating in Medical Camp of “Ekta Manch” since 2022 on 14th April annually.
- Participated in Terry Fox Run to create Awareness about Cancer.
- Taught underprivileged children from Marol Pipe line from 2007 to 2014.
- Member of Alumni Association-Somaiya Vidyavihar University

### **AWARDS/HONORS RECEIVED:**

- Coordinated and participated in Peace Education programme by “The Prem Rawat Foundation”
- Received **2<sup>nd</sup> prize by MCT College of Education & Research** on the topic “**Applying Critical Thinking in instructions**” on the occasion of International mathematics day.
- Received **3<sup>rd</sup> prize in “Teacherthon.21”** conducted by Lilavati Bai Podar school for 3E category “Engagement-Education-Entertainment”.
- Successfully conducted an outreach program for the teachers of ASORPHI school, Meghalaya.
- Received **2<sup>nd</sup> prize in “IDEA” Competition conducted by Pillai college,Mumbai** for



Teacher Educators in Oct.2021.

- Coordinator of Mizoram Central University, B-Handloom dept. The Weaving section for the expo organized by EXIM Bank in Mumbai, received appreciation from **His Excellency, Governor of Maharashtra “Bhagat Singh Koshiyari”**.
- Category-coordinator of North East and special In-charge of Humanities and Social Science for Academisthan organization, Chief guest was **“M. Jagadesh Kumar” UGC chairman.**
- STATE guest in May '15 under the flagship of “Teacher Exchange Program” named “East Meet West” under the guidance of **His Excellency, Mr Padmnabha Acharya, Governor of Nagaland.** visited 22 schools in different districts and presented several demonstrations for ‘Model Teaching’ which was captured in media and highly appreciated.
- Achieved 1st rank in ‘Competition for Teachers-Innovative Lesson Plan’ by Somaiya B.Ed. College on 29th August, 2016.
- Secured 1st rank in Inter-school science competition ‘EXPICSOR 2017’. Featured in **“Times NIE and Council for Fair Business Practices (CFPB) magazine 2018”** & 2nd rank in Inter- school science competition 'EXPISCOR 2019'.
- **Outstanding Mentorship Award for “STEM”** in 2018 & 2019.
- Received a number of awards and certificates at school level

<b>PERSONAL DETAILS</b>
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| ⇒ Date of Birth  | : 7 <sup>th</sup> August 1978 |
| ⇒ Marital Status | : Married                     |

**Life Membership**

Life membership CTPD India : Empowering Teachers	Life Membership No: LM/CTPD/000197
IALSE life membership	Life membership number is LM 255
<div>Place:.....</div> <div>Signature:.....</div> <div>Date:.....</div>	