



**Ms. Ishita Sakpal**

Special Educator

Clinical Psychologist

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**Academic and Professional Qualifications:**

- M.Ed. (Special Education) in Intellectual Disabilities from SNDT Women's University
- B.Ed. (Special Education) in Intellectual Disabilities from Minds College, Mumbai University
- M.A. (Clinical Psychology) from Mumbai University
- B.A. (Psychology and English Literature) from Mumbai University
- D.Ed. (Special Education) from Dilkhush Special School Teacher Training Centre, Manipal University. Specialising in teaching children with Intellectual Disabilities
- Certificate in Learning Disability and Associated Conditions, National Academy
- Certificate in Psychological Counselling, National Academy
- Certificate in Autism Spectrum Disorders, SOPAN

**Subjects of Teaching:**

Special Education, Learning Disability, Intellectual Disability, Autism, Psychology, Teacher Education

**Career Development:**

**Assistant Professor in Suvidya Centre of Special Education (Managed by SOPAN), Mumbai University, Mumbai (2017-2019)**

- Conducting lectures for B.Ed. (Special Ed.) Subject taught include Educational Psychology, Intellectual Disability, Autism, Special Education
- Involved in administrative duties.
- Planning and implementation of remedial programmes for students with special needs.
- Related work experience includes conducting workshop for teachers and parents, conducting training programmes for teachers, teacher-trainees, and conducting education programmes

**Clinical Psychologist and Special Educator in SOPAN, Mumbai (2017-2019)**

- Planning and implementation of special education programmes for students with special needs.
- Clinical Assessment
- Conducting workshop for teachers and parents
- Counselling session for parents of children with special needs
- Planning transition for adult with special needs.
- Training adult with special needs using technology for open employment.

### **Dilkhush Special School & Teacher Training Centre, Mumbai Since - 2018**

- Visiting Lecturer
- Subject thought Psychology and Intellectual Disability

### **Mind's Care Clinic (2014-16)**

- Clinical Assessment
- Psychological Counselling
- Remedial Education

### **National Academy, Mumbai (2014- 2018)**

- Lecturer of Certificate Course in Learning Disability
- Visiting Lecturer of Certificate Course in Psychological Counselling

### **Fun N Frolic School, Palgure Since 2009**

- Planning and Implementation of remedial programmes for children with special needs
- Clinical Assessments

### **Sarva Seva Sang, Mumbai, Since 2019**

- Planning and Implementation of remedial programmes for children with special needs
- Clinical Assessments
- Coordinator of their Special School
- Conducting Shadow teacher Programme

### **Special Education at Department of Special Education, S.N.D.T. Women's University, Mumbai since 2020**

- Conducting lectures for B.Ed. (Special Ed.)
- Involving in administrative duties.
- Planning and implementation of remedial programmes for students with special needs.
- Conducting workshop for teachers and parents, conducting training programmes for teachers, teacher-trainees, and conducting education programmes.

### **Research Undertaken:**

- Benefits of Dance on Overall Development of Students with Special Needs
- Positive Psychology for women
- Social skills and Adaptive behaviour in children with Autism and Intellectual Disability
- Stress Faced by Special Educator and Regular Educator
- Comparative Study on Municipal School, Private School and International School
- Attitude towards Adult with Intellectual Disability in Family
- Standardization of Grade Level Screening Tool of Language Difficulties for Children in Primary School

### **Conferences, Seminars, Workshops, Short Term Course, CRE Program (Attended/Presented)**

- Attended workshop on Promoting Inclusive Classroom Practices, SNDT Women University & The University of Northampton, UK
- Attended workshop on Rational Emotive Education, Conducted by Samverdhan

- Attended workshop on Makaton Sign Language, SOPAN
- Attended workshop on ART Therapy, SOPAN
- Attended workshop on Leadership and Management Skills, SOPAN
- Certificate Course in ASD, SOPAN
- Presented Paper on Positive Psychology for women in Marathi Manasshastra Parishad, National Conference
- Presented Paper on Language difficulty faced by primary students, Smart Education for a Smart Generation, A Student – led National Conference, SNDT
- Presented Paper on “Importance of Technology for development of Adult with ASD” International Autism Conference, Pathways to an Inclusive Life
- Invited Speaker on “Effect of Drugs Abuse on Young Generation” for Media Students organized by Deviprasad Goenka Management College of Media Studies, Mumbai (2017)
- Resource person for RCI approved CRE programme ‘Managing Behaviours in the classroom and home’ organised by Jai Vakeel Foundation and Research Centre (2018)
- Resource person for RCI approved CRE programme ‘Managing Behaviours in the classroom and home’ organised by Jai Vakeel Foundation and Research Centre (2018)
- Resource person for RCI approved CRE programme ‘Intervention Strategies for Intellectual Disability’ organised by SOPAN (2018)
- Resource person for RCI approved CRE programme ‘Impact of Disabilities on Families’ organised by NIMH (2018)
- Resource person for RCI approved CRE programme “Intervention Strategies for Children with Neurodevelopment Disabilities”, organised by NIMH (2019)
- Resource person for RCI approved CRE programme ‘Inclusive Education’ organised by Jai Vakeel Foundation and Research Centre (2018)

### **Achievements:**

- Presented a paper on “Learning Difficulties Faced by Children in Primary School”, Student – led National Conference, SNDT
- Presented research paper on “Positive Psychology for Women”, Marathi Manasshastra Parishad, National Conference
- Presented research paper on “Importance of Technology for development of ASD”, International Autism Conference, Pathways to an Inclusive Life